



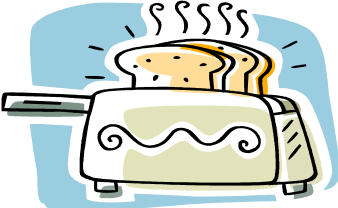
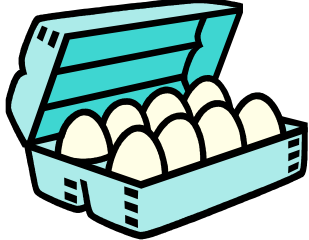

Garden Grill Breakfast



Breakfast will be available daily beginning at 7am. **NO** hot food will be served after 7:45am, this will help to insure that all students will arrive prepared for class on time.

All meals include **ONLY ONE ITEM** from each **Box**.

All students **Healthy Well Balanced Breakfast** must include 3 food groups.

Box 1	Box 2	Box 3	Box 4
Grains/Breads	Fruits and Vegetables	Meat or Meat Alternate	Diary
Food Group 1	Food Group 2	Food Group 3	Food Group 4
Pancakes	100% Grape Juice	Scrambled Eggs	1% Low Fat Milk
Waffles	100% Apple Juice	Hard Boiled Eggs	Fat Free Chocolate Milk
French Toast	100% Orange Juice	Breakfast Ham	1% Low Fat Strawberry Milk
Hot Oatmeal	100% Vegetable Juice	Low fat Turkey Bacon	Organic Soy
Assorted Box Cereal	Fruit Cocktail	Low fat Turkey Sausage	(No High Fructose Corn Syrup used in flavored milk)
Granola	Peach	Low fat Yogurt	
Sour Dough	Pineapple	Low fat Cottage Cheese	
Whole Wheat	Applesauce	Part Skim Sliced Cheese	
Whole Grain	Raisins	Organic Peanut Butter	
Enriched White	Seasonal Fresh Fruit:*	Seeds and Nuts	
English Muffin	Apple		
Assorted Bagels	Orange		
	Banana		
	Cantaloupe		
	Honeydew Melon		
	Grape		
	Watermelon		
	Kiwi		
	Strawberries		

Extra Items

Extra Milk or Juice

\$0.50

All Other Extra Items

\$1.00

Breakfast Price List

Free

\$0.00

Reduced

\$0.30

Student

\$1.50

Adult

\$2.00

Grab n Go Breakfast Coming Soon

*Seasonal fresh fruit will vary